The Skin You Live In by Michael Tyler, illustrated by David Lee Csicsko


Grade Levels: K to Grade 3

Synopsis:
A fun book about skin colours that shows no matter what the colour of one's skin is, we are more similar than different.

Pre-reading questions:
a) Anticipation questions
   • Look at your skin. What colour would you use to describe it?

b) Illustration activity
   • Draw and colour a picture of your face.

Post-reading activities:
a) Understanding the story
   • What kinds of skin are there?
   • With a partner, list three things that you like about your skin.
     (Teach how everyone is similar no matter what the colour of her or his skin is)

b) Transforming your thinking
   • What can you do if someone makes fun of you because of the colour of your skin?
   • Is it more important to focus on the outside or inside of a person?
   • (Encourage students to back up their opinion with some evidence)

c) Deepening your thinking
   • What can you do if someone makes fun of the clothes you are wearing or your food, or a cultural activity that you enjoy/celebrate?
   • How can you help a friend who is being made fun of because of her or his skin colour?

Four other books with a similar theme are:

All the Colours of the Earth by Sheila Hamanaka
Grade level: Primary
Synopsis: Celebrate the colours of children and the colours of love—not black or white or yellow or red, but roaring brown, whispering gold, tinkling pink and more.

We All Sing with the Same Voice by J. Philip Miller and Sheppard M. Greene
Grade level: Primary
Synopsis: This joyful song embraces the notion that no matter where children live, what they look like, or what they do, they're all the same where it counts—at heart.
Many Ways—How families practice their beliefs and religions by Shelley Rotner and Sheila M Kelly Ed.D.
Grade level: Primary
**Synopsis:** The beautiful photographs help readers to see that although there are differences between religions there are many more similarities.

*Mirror* by Jeannie Baker
Grade level: Primary
**Synopsis:** A wordless picture book about a family in Australia and a family in Morocco. We learn that outward appearances may be very different but the inner person of a “stranger” may not be a stranger at all.