



**JUST BE YOU**

# Just Be You Lesson Plan

## Primary

Create a storybook or bulletin board display

- photo/drawing of each student per page
- short writing (1–2 sentences) on what it means to be them.

### The best part of me

- students choose best parts: feet, eyes, nose, ears, etc.
- teacher photographs that part
- student creates page
- create a class book or have this be a child's unique ME book.



## Curricular connections

### English Language Arts

- everyone has a unique story to share (K-2)
- stories and other texts help us to learn about ourselves, our families, and our communities.

### Arts Education

- people connect to others and share ideas through the arts (K-1)
- the arts connect our experiences to the experiences of others.

### Physical and Health Education

- learning about ourselves and others help us develop a positive attitude and caring behaviours which helps us build healthy relationships (K-1)
- having good communication skills and managing our emotions enables us to develop and maintain healthy relationships (2-3).

## Intermediate

Weekly writing prompts:

- To be me, I...
- I like to...
- The best part of me is...
- My favourite toy is...
- An experience where I get to be my true self is...

### PowerPoint presentation

- one to three slides per student
- incorporate music and/or embed videos
- display at open house or school assembly, etc.
- subject: "What it means to be me" or "Unique Me."

## Thumbprint self-portrait

[www.teachkidsart.net/thumbprint-self-portrait/](http://www.teachkidsart.net/thumbprint-self-portrait/)

## Curricular connections

### English Language Arts

- language and text can be a source of creativity and joy
- exchange ideas and perspectives to build a shared understanding.

### Arts Education

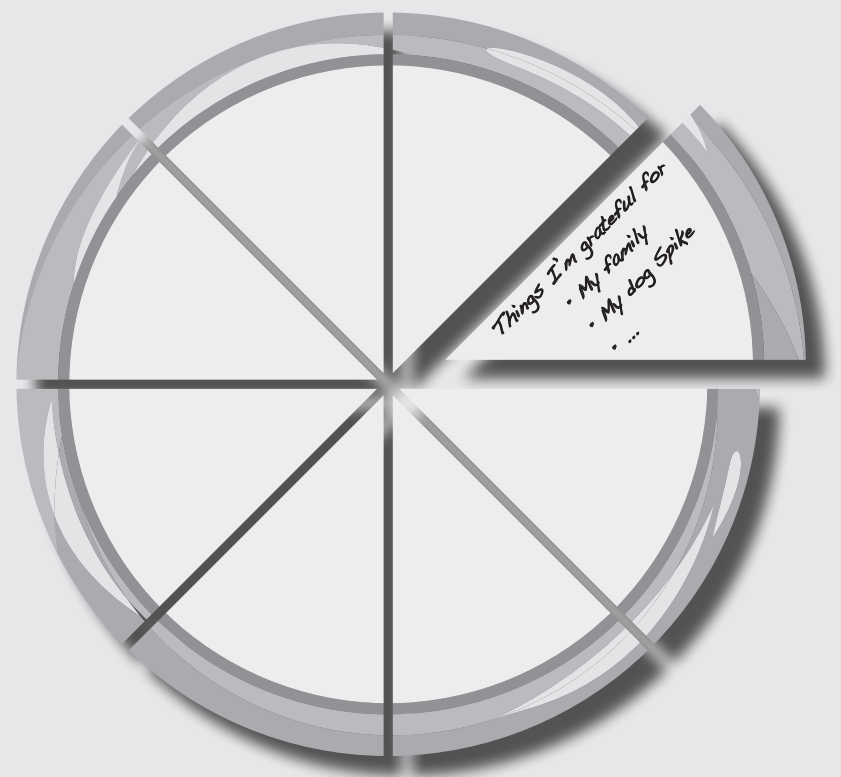
- exploring connections to identity, place, culture, and belonging through creative expression
- express, feelings, ideas, and experiences through the arts.

## A slice of me lesson (Primary and Intermediate)

With materials, create a pizza large enough that each student has a workable slice to write/draw on.

### Example:

- students create their own visual story
- opportunity for focus on specific ideas
  - character attributes
  - my favourite things
  - people I love
  - things I am grateful for.



## Book list

Elementary: [www.the-best-childrens-books.org/books-about-individuality.html](http://www.the-best-childrens-books.org/books-about-individuality.html)

## Class book writing

- create a book or bulletin board display—primary
- photo/drawing for each student per page
- writing prompts.

## Resources

Thumbprint self-portrait

[www.teachkidsart.net/thumbprint-self-portrait/](http://www.teachkidsart.net/thumbprint-self-portrait/)

BCTF workshops and book online

[bctf.ca/SocialJustice.aspx?id=17988](http://bctf.ca/SocialJustice.aspx?id=17988)

BCTF LGBTQ page

[bctf.ca/SocialJustice.aspx?id=6106](http://bctf.ca/SocialJustice.aspx?id=6106)