

The Importance of Addressing

ABLEISM

UNDERSTANDING

...the term ableism offers us the language to frame the concept of discrimination experienced by people with disabilities/disabled people.

...ableism affects the way we view disability and creates an opportunity to understand that disability is a **normal** part of the **human experience**.

...ableism helps us to unify our communities to be more **respectful and inclusive**.

...ableism helps us to guide our practice by centering the perspectives and experiences of people with disabilities/disabled people.

...ableism gives us the tools to identify and **fight stigma**.

...and addressing ableism creates opportunities to **cultivate disability pride**, in ourselves, our students, and beyond.