

Islamophobia Resource List



1. [“Hamdulillah” by The Narcicyst ft. Shadia Mansour](#) (music video)

To say “Hamdulillah” is to be grateful for what one has. The images of the past decades have cast a veil on our identity as a people. This video is a global collaborative effort by 10 photographers—from London to Lebanon, Cairo to Canada, and Abu Dhabi to America—to create a portrait of the new global citizens. They are DJs, MCs, poets, architects, teachers, doctors, parents, and children. Most of all, they are people.



2. [Single Stories](#) (video)

Our lives, our cultures, are composed of many overlapping stories. Novelist Chimamanda Adichie tells the story of how she found her authentic cultural voice—and warns that if we hear only a single story about another person or country, we risk a critical misunderstanding.



3. [“Loves Me Not” poem](#) (video)

“Loves Me Not,” a video poem created in 2015 during a filmmaking workshop hosted by TIFF Special Delivery and advocacy group Outburst, tells the story of a young Muslim girl who wears the hijab. The poem begins with the girl, her hijab constructed with colourful petals. She holds a flower in her hand, but as she suffers from Islamophobia her flower begins to die.



4. [Muslim woman attacked outside a public school in north Toronto](#) (news)

Toronto police are treating the assault and robbery of a Muslim woman outside a public school in north Toronto as a hate crime. A woman was on her way to pick up her children from a school in North York on Monday when two men physically attacked her while hurling racial slurs, according to police.



5. [Psychological toll of anti-Muslim harassment](#) (news)

This article examines the psychological toll that anti-Muslim harassment has on some students. “Before the attacks I was mostly treated like everyone else. But now I’m having to answer questions about my religion and the actions of people I don’t even know. It’s a lot of pressure. I mean, I’m only 12.”



6. [“New Muslim Cool”](#) (video)

Puerto Rican-American rapper Hamza Pérez pulled himself out of drug dealing and street life 12 years ago and became a Muslim. Now he’s moved to Pittsburgh’s tough North Side to start a new religious community, rebuild his shattered family, and take his message of faith to other young people through hard-hitting hip-hop music. But when the FBI raids his mosque, Hamza must confront the realities of the post-9/11

world and himself. “New Muslim Cool” takes viewers on Hamza’s ride through streets, slums, and jail cells—following his spiritual journey to some surprising places in an America that never stops changing. **Preview before showing upper-intermediate.**



7. [“New Muslim Cool”](#) (lesson plan)



8. [Show Racism the Red Card](#) (lesson plan)

The pack is intended to accompany the Show Racism the Red Card Islamophobia DVD. It is not intended to provide education about the Islamic faith. The activities have been designed to help young people to challenge stereotypes and prejudice toward Muslims and gain a greater historical and political awareness of the climate, which has enabled Islamophobia to flourish in recent times. See page five for a great 15-minute myth-busting quiz.



9. [Do You Know Who I Am?](#) (video)

Since the terrifying attacks in Paris in November there has been a huge spike in attacks on British Muslims, with over 115 recorded in a single week during that month, including a petrol bomb being thrown into a mosque in East London. On the streets, those targeted are mostly young, female Muslims—women wearing hijabs. Watch British-Muslim youth explain how they feel in 2015 United Kingdom.



10. [#DoIMatterNow Campaign](#) (news)

The #DoIMatterNow campaign was started by Inuit women who donned makeshift niqabs and took pictures decrying the systematic disenfranchisement of First Nations people while expressing solidarity with Muslim women affected by Stephen Harper’s policies. As explained by the campaign’s manifesto (cited by [VICE](#)), it aimed to both build solidarity and draw attention to long-standing systemic issues affecting indigenous Canadian women, including the high rates of unresolved kidnappings and murders.



11. [Impact of School Bullying and Discrimination on California Muslim Students](#) (report)

“Your existence is always interrogated, investigated, and questioned.”—Wajahat Ali
The Council on American-Islamic Relations (CAIR) is the largest American-Muslim civil rights and advocacy organization in the United States. Its mission is to enhance a general understanding of Islam, encourage dialogue, protect civil liberties, empower American Muslims, and build coalitions that promote justice and mutual understanding.



12. [Defining Islamophobia](#)—Upper-intermediate definition (web)

The term “Islamophobia” was first introduced as a concept in a 1991 Runnymede Trust Report and defined as “unfounded hostility towards Muslims, and therefore fear or dislike of all or most Muslims.” The term was coined in the context of Muslims in the United Kingdom in particular, and Europe in general, and formulated based on the more common xenophobia framework.

13. [Islamophobia Legal Assistance Hotline](#): 604-343-3828
The hotline will connect individuals who have experienced discrimination with free, confidential legal advice and information.
14. [Investigating Discrimination](#)
A variety of activities intended to shed light on the meaning of discrimination, and how to act responsibly in the face of discriminatory actions.

Migrant justice



15. [Check Your Head—Migrant Justice Workshop](#) (**workshop**)
Who is Canadian? Who is an immigrant? Who decides? Explore the history and causes of immigration and challenge antimigrant racism. This workshop breaks down stereotypes and advocates for a world where no one is “illegal.”

Learning outcomes

- To identify ways that media and dominant cultural references affect our understanding of how we view different communities within Canada.
- To understand concepts like “immigrant,” “indigenous,” and “Canadians” and the history of immigration in Canada.
- To understand the root causes of immigration in their local and global dimensions.
- To build a toolkit of ways to discuss these issues with friends and to respond to stereotypes when we encounter them.
- To think about ways to make our schools safer and accessible for migrant students.

These workshops typically cost \$100, but they may be offered for free. [Register now](#).



16. [Never Home: Legislating Discrimination in Canadian Immigration](#) (**web**)
This ground-breaking multi-media project documents nine years of immigration changes by the federal government.