




BCTF100
Celebrating a century

British Columbia Teachers' Federation A Union of Professionals
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Tips for Introducing How to be an Effective Ally

1. Before introducing this tool, participants should be familiar with the Power Wheel and micro-aggressions. Resources to support this are available on the Raising Awareness section of the BCTF Equity and Inclusion webpages.
2. Introduce the video by reminding participants that through the video on privilege and the Power Wheel activities, you have discussed why it is important for people in positions of privilege to act as allies for those with less privilege. The video will provide tips on how to be an effective ally.
3. Watch the YouTube videos, *5 Tips for Being an Ally* and *Getting Called Out: How to Apologize*.
4. In a group discussion, ask participants to identify one of the five tips that is new or stood out to them. What can they change in the future to be a better ally?