



Trevor Linden *She's* **FIT!**[®]

Club16 Trevor Linden Fitness & She's FIT Corporate Wellness Program

Membership options:

- Corporate Elite Plus Membership: \$5 per week (Billed on a bi-weekly basis - every 2 weeks)

Fees associated with the membership:

- \$0.00 enrollment fee (without discount this is \$50.00 - \$90.00)
- Membership card fee \$20.00 will be applicable

Upon enrolling for a Club16 membership, all members will go through two personal fitness consultations with our certified personal trainers. In these appointments, we assess your health and fitness goals and provide direction on the right steps to progress forward to optimize your results in health and fitness. Each member is also booked for additional sessions so they can be educated on our group training program offerings. All of these appointments are at no cost to members upon enrolling.

- Annual Club Enhancement Fee: This \$29.99 fee is applicable every May 3, the same goes towards the club maintenance, adding new equipment and other necessary up-gradation for the club.

Savings and corporate privileges:

- You save on the initial enrollment fee OR upgrade fee,
- You save on membership dues, pay a regular price for an elite package,
- Corporate rate for employee spouse too,
- Access to multiple locations (Club 16 Trevor Linden Fitness & She's Fit Clubs),
- Access to state of the art Cardio Machines, Assisted Machines, Stretch & Core, Free Weight Zone, and more,
- Access to instructor led classes,
- Unlimited tanning,
- Unlimited HydroMassage bed use;
- Out of town guest privileges,
- Access to IHRSA passport program,
- 25% discount on retail apparels available at the club (excluding clothing),
- Full locker room facilities (showers),
- Great personal training options

Membership Term:

- Corporate membership is for an initial 12-month term, after the initial term membership will be on a month to month basis, and members will still have the corporate membership privileges.

Please contact Renée Hildebrandt at (604) 536 – 5552 ext. 1625, or Renee.Hildebrandt@llsfg.com for additional information or questions that you may have.